

NET OF LIGHT SONGS

1. Sing We, Sing we Together

Sing we, sing we together, now and forever, Sing of the One Love
One Heart, loving and serving, open our hearts now, open our heartsrepeat

2. Down in the River to Pray

Well I went down in the river to pray, studying about that good old way
And who shall wear the golden crown? Grandmothers, show me the way.
Oh **sisters**, let's go down, come on down, don't you want to go down?
Oh **sisters**, let's go down, down in the river to pray.

*(Repeat the whole verse, substituting 'sisters' with
'brothers', then 'fathers', then 'mothers')*

3. Earth in My Body

Earth in my body!
Water in my veins!
Air in my breathing!
Fire in my heart!

(Repeat all getting louder)

4. From the Heavens

From the heavens to the earth
From the earth to the hearts of women
To the hands and the heads of men

5. The Gayatri Mantra

(Sanskrit)

OM
BHUR BHUV A SVAHA
TAT SAVITUR VARENY AM
BHARGO DEVASYA DHEEMAHI
DHIYO YONAH PRACHODAYAT

*"You, who are the source of all power,
Whose rays illuminate the whole world,
Illuminate also our hearts
So that they too can do your work."*

(Ralph Blum, translation)

6. I Am One with the Heart of the Mother

I am one with the heart of the Mother;
I am one with the heart of love.
I am one with the heart of the Father;
I am one with God.
Ave Maria,
Kyrie eleison

7. May the love we're sharing

May the love we're sharing spread its wings
fly across the earth and bring
new joy to every soul that is alive.
(Repeat 3 times)

May all the beings in all the worlds be happy, be happy
(Repeat)

8. Net of Light

(waltzing song)

Net of Light, Net of Light, floating in the Net of Light
Net of light, Net of Light, holding in the Net of Light

Reaching out, reaching in, reaching through the Net of Light
Loving all, serving all, holding all within the light.

Net of Light, Net of Light, Net of Love and Net of Light
Net of Light, Net of Light, our hearts are one within the light

Net of Light, Net of Light, our hearts are one within the light.

9. Oh Grandmothers

Oh Grandmothers, hear us calling.

We your children **are** healing

(Repeat)

Power, power. Our love is our power.

Power, Power, Our love is our power.

10. Peace, Peace, Peace

Peace, peace, peace. Peace in **me**

Brings peace, peace, peace in my **family**.

Brings peace, peace, peace, within my **community**.

Brings peace, peace, peace, within my **country**.

Then peace, peace, peace, peace on **earth**

Brings peace, peace, peace, through all the **universe**

11. Remind me Grandmothers

Remind me Grandmothers, remind me Grandmothers,
remind me again who I am. **(Repeat)**

I am Om, I am Om, eternal Om. **(Repeat)**

In this life of distraction and of illusion,
remind me again who I am. **(Repeat)**

I am truth, I am peace, divine bliss. **(Repeat)**

Remind me Grandmothers, remind me Grandmothers,
remind me again who I am. **(Repeat)**

12. Sufi Song

"All I Ask Of You"

Form 2 equal circles, one within the other, facing each other.

*Place your right hand over other's heart;
your left hand over their hand over your heart.*

*During 'God is the Lover' each spins around.
Inner circle stays in place; outer circle move clockwise one person.
Continue until you are back with original partner*

All I ask of you is forever to remember me as loving you **(Repeat)**
God is the lover, the beloved and the love. **(Repeat entire song)**

13. These Feet

<u>Call:</u> These feet will hold me up.	<u>Response:</u> <i>These feet will hold me up.</i>
These feet won't let me down.	<i>These feet won't let me down</i>
These feet are growing roots	<i>These feet are growing roots</i>
Right in the solid ground	<i>Right in the solid ground.</i>

Oh mama, mama, mama	<i>Oh mama, mama, mama.</i>
Spread the news around	<i>Spread the news around</i>
That all the grandmothers,	<i>That all the grandmothers,</i>
they got their feet on the ground	<i>they got their feet on the ground</i>

14. This is Holy Ground

This is holy **ground**.
We're standing on holy **ground**.
For Love is present
and where Love's present is holy.

These are holy **hearts**.
Love's given us holy **hearts**.
Love works through these **hearts**
and so these **hearts** are holy.

These are holy **hands**.
Love's given us holy **hands**.
Love works through these **hands**
and so these **hands** are holy.

These are holy **lives**.
Love's given us holy **lives**.
Loves works through these **lives**
and so these **lives** are holy.

This is holy **ground**.
We're standing on holy **ground**.
For Love is present
and where Love's present is holy.

15. May the Circle be Unbroken

(sing while walking left, in a circle)

May the circle be unbroken by and by, oh, by and by
Come and open up our hearts now, lift us high into the sky.

We are holding one another, singing sweet and singing strong
We are mighty in our loving, we are mighty in our song.

Yes this circle is unbroken as we link ourselves in love
Calling heaven down to earth now, peace below and peace above. **(Repeat)**

16. Where I Stand is Holy

(sing marching softly in place)

Where I stand is holy, holy is the ground.
Forest, mountain, river, listen to the sound.
Great Spirit circles all around me.

Who I am is holy, holy are we.
We are one forever, through eternity.
Great Spirit circles all around me.
(Repeat from beginning)

(Call and Response)

Where I stand is holy!	<i>Where I stand is holy!</i>
Who I am is holy!	<i>Who I am is holy!</i>
Great spirit circles all around me.	<i>Great spirit circles all around me.</i>

17. The Earth is Our Mother

The earth is our mother we must take care of her *(Repeat)*
Hey-ey Yunga, Ho-oh Yunga, He-ey Yung Yung *(Repeat)*
Her sacred ground we walk upon with every step we take *(Repeat)*
Hey-ey Yunga, Ho-oh Yunga, He-ey Yung Yung *(Repeat)*

Sing twice and then sing last line 3 times

18. Blessed Am I

Blessed am I, freedom am I
I am the infinite within my soul.
I have no beginning and I have no end.
All this I am

19. There's a Light in You and Me

There's a light in you and me
Let it glow, let it glow, let it glow--- (**Repeat**)

It's in the sky, it's in the seas
It's in the earth, it's in the trees
It's in the songs, and in the air
It's in the people everywhere

Sing out! **Sing out!** Sing out! **Sing out!**
Sing about the light in you and me

There's a light in you and me
Let it glow, let it glow, let it glow -- (**Repeat**)

We're gonna sing and dance with glee
Cause we know God's in everyone we see.
We're full of love, we know we're free
That's how we're made and meant to be

Sing out! **Sing out!** Sing out! **Sing out!**
Sing about the light in you and me

There's a light in you and me
Let it glow, let it glow, let it glow --(**Repeat**)

20. Grandmothers' Anthem

Oh Grandmothers, we are holding
Oh Grandmothers, we are holding
The Net of Light, oh, Net of Light
(repeat)

Put your feet in the soil of the Tree of Life
Put your feet in the soil of the Tree of Life
(repeat)

Continue singing as a round.

21. We Are the Change

We are the rising sun,
We are the Change.
We are the ones we have been waiting for,
and we are rising.

We are the setting sun,
We are the Change.
We are the ancestors of tomorrow,
and we remember.